



**DR ANGELA ZHANG**  
AESTHETIC MEDICINE



# Natural Results. Medical Expertise.



Doctor-led aesthetic treatments designed to refresh, refine and enhance your natural beauty.



DOCTOR LED CARE



ADVANCED TRAINING



NATURAL RESULTS



SAFETY FOCUSED



DOCTOR LED



ADVANCED TRAINING



NATURAL RESULTS



SAFETY FOCUSED

## ABOUT DR ANGELA ZHANG

MBChB, FRNZCGP, PGCert Women's Health, Advanced Certificate of Dermoscopy (SCCA)

Dr Angela Zhang is a Fellow of the Royal New Zealand College of General Practitioners with a special interest in skin health, skin cancer medicine and aesthetic medicine. She combines extensive medical experience with advanced aesthetic training through the Derma Institute to deliver safe, personalised treatments that enhance your natural features.

Known for her gentle approach and meticulous attention to detail, Dr Zhang believes the best cosmetic treatments are those that leave you looking refreshed, confident and naturally yourself—never overdone.

Every treatment begins with a comprehensive consultation to understand your goals and develop an individualised treatment plan focused on achieving balanced, elegant, natural-looking results.

## AREAS WE TREAT

### FACIAL REJUVENATION



- Forehead lines
- Frown lines (glabella)
- Crow's feet
- Bunny lines
- Lip flip
- Chin dimpling
- Gummy smile
- Neck bands

### FACIAL CONTOURING



- Masseter reduction (jaw slimming)
- Bruxism (teeth grinding / jaw tension relief)
- Gummy smile
- Neck contouring

### BODY TREATMENTS



TrapTox (trapezius slimming & tension relief)



Calf contouring (CalfTox)



Hyperhidrosis (excess underarm sweating)

## WHAT TO EXPECT



### 1. CONSULTATION

- ✓ Comprehensive facial assessment
- ✓ Discussion of your concerns and goals
- ✓ Personalised treatment plan
- ✓ Explanation of expected results and risks



### 2. TREATMENT

- ✓ Most appointments take 15–30 minutes
- ✓ Minimal discomfort
- ✓ No downtime for most people



### 3. RESULTS

- ✓ Initial results: 3–7 days
- ✓ Full effect: Approximately 2 weeks
- ✓ Duration: Around 3–4 months



Subtle enhancements. Beautifully natural.

Look like you, only more rested and rejuvenated.



### BEFORE YOUR APPOINTMENT

Please let us know if you:

- Are pregnant or breastfeeding
- Have a neuromuscular disorder
- Have an active skin infection
- Have previously experienced complications from anti-wrinkle injections

Avoid alcohol and blood-thinning medications (where appropriate and medically advised) for 24–48 hours beforehand to minimise bruising.

### AFTER YOUR TREATMENT

For the first 4 hours:

- Remain upright
- Avoid rubbing or massaging the treated areas
- Avoid strenuous exercise
- Avoid saunas and excessive heat



Bringing or mild swelling can occur and usually settles within a few days.

### FREQUENTLY ASKED QUESTIONS



**Will I look frozen?**  
No. Our aim is a refreshed, natural appearance while preserving facial expression.



**How often will I need treatment?**  
Most patients return every 3–4 months to maintain their results.



**Is treatment painful?**  
Most patients describe only mild discomfort. Very fine needles are used, and treatment is quick.



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MEDICAL AESTHETIC TREATMENTS PERFORMED BY A QUALIFIED MEDICAL DOCTOR